

MENU Week 1

Monday Tea Menu

V Pasta Salad
(Gluten/Egg/Milk/
Mustard/Soya)

Tuesday Tea Menu

V Baked Beans
on Toast
(Gluten/Soya)

Wednesday Tea Menu

V Pepper and Sweetcorn
Quiche
(Gluten/Egg/Milk)

Thursday Tea Menu

V Lentil Soup
(Celery)
with
Crusty Bread
(Gluten/Soya)

Friday Tea Menu

V Pizza Fingers
(Gluten/Milk)

Allergies

If you have an allergy,
please speak to a member
of the catering staff

Options and quality

Vegan, Gluten Free &
Dairy Free options are
available daily!

We use locally grown
produce where possible!

Daily




Glass of
milk or water



Salad
selection



Fresh Fruit


Did you know you can
have two portions of
vegetables and one
portion of fruit daily?

 Locally Grown
Organic Peas



MENU Week 2

Monday Tea Menu

- 🌱 Vegetable Soup
(Celery)
with
Crusty Bread
(Gluten/Soya)

Tuesday Tea Menu

- 🌱 Cheese On Toast
(Gluten/Milk/Soya)

Wednesday Tea Menu

Tuna Mayonnaise Wrap
(Gluten/Egg/Fish/
Milk/Mustard)

or

- 🌱 Hummus and Grated
Carrot Pitta
(Gluten/Milk/Soya)

Thursday Tea Menu

- 🌱 Spaghetti Hoops
on Toast
(Gluten/Soya)

Friday Tea Menu

- 🌱 Tomato Pasta
(Gluten/Mustard/
Soya)

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Daily




Glass of
milk or water



Salad
selection



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MENU Week 3

Monday Tea Menu

V Lentil Soup
(Celery)
with Crusty Bread
(Gluten/Soya)

Tuesday Tea Menu

V Spaghetti Hoops
on Toast
(Gluten/Soya)

Wednesday Tea Menu

V Pizza Fingers
(Gluten/Milk)

Allergies

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Options and quality
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Thursday Tea Menu

Chicken and
Sweetcorn Roll
(Gluten/Egg/Milk/
Mustard/Sesame)

Or

V Cheese Roll
(Gluten/Milk/
Sesame)

Friday Tea Menu

V Baked Beans
on Toast
(Gluten/Soya)

Daily



Glass of
milk or water



Salad
selection



Fresh Fruit



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Organic Peas



MENU Week 4

Monday Tea Menu

V Pasta Salad
(Gluten/Egg/Milk/
Mustard/Soya)

Tuesday Tea Menu

V Cheese on Toast
(Gluten/Milk/
Soya)

Wednesday Tea Menu

V Coronation
Chickpea Wrap
(Gluten/Mustard)

Thursday Tea Menu

V Creamy Pea and
Courgette Soup 😊
(Celery/Milk)
with Crusty Bread
(Gluten/Soya)

Friday Tea Menu

Tuna Mayonnaise
Sandwiches
(Gluten/Egg/Fish/
Milk/Mustard/Soya)

Or

V Egg Mayonnaise
Sandwiches
(Gluten/Egg/Milk/
Mustard/Soya)

Allergies

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Options and quality

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Dairy Free options are
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produce where possible!

Daily



Glass of
milk or water



Salad
selection



Fresh Fruit



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Organic Peas

