

MENU Week 1

Monday Lunch Menu

V Cheese Sandwiches
(Gluten/Milk/Soya)

QMS Mince and Yorkie 😊
(Gluten/Milk/Egg)

Mashed Potatoes
(Sulphur Dioxide)

Carrots | Sweetcorn

Seasonal Fruit of the Day



Did you know you can
have two portions of
vegetables and one
portion of fruit daily?



Locally Grown
Organic Peas

Tuesday

Lunch Menu – Meat free day –

V Egg Mayonnaise Roll
(Gluten/Milk/Egg
Mustard/Sesame)

V Macaroni Cheese
(Gluten/Milk/Mustard/Soya)

Broccoli/Beetroot

Seasonal Fruit of the Day

Thursday

Lunch Menu

Ham Sandwiches
(Gluten/Soya)

V Vegetarian Enchilada
(Gluten/Celery/Milk)

Green Beans | Country Veg

Seasonal Fruit of the Day

Wednesday

Lunch Menu Turkey Sandwiches (Gluten/Soya)

or

V Cheese Sandwiches
(Gluten/Milk/Soya)

Cod and Salmon Fishcakes
(Gluten/Fish)

Chips | Peas | Coleslaw (Milk/Egg/
Mustard)

Seasonal Fruit of the Day

Friday

Lunch Menu

Tuna Mayonnaise Wrap
(Gluten/Egg/Milk
Fish/Mustard)

V Vegetable Noodles
(Celery/Gluten/Egg/Soya)

Sweetcorn

Seasonal Fruit of the Day

Allergies

If you have an allergy,
please speak to a member
of the catering staff

Options and quality

Vegan, Gluten Free &
Dairy Free options are
available daily!

We use locally grown
produce where possible!

Daily



Glass of
milk or water



Salad
selection



Fresh Fruit



MENU Week 2

Monday

Lunch Menu

Tuna Mayonnaise Sandwiches
(Gluten/Fish/Egg/
Milk/Soya/Mustard)

V Tomato Pasta
(Gluten/Soya/Mustard)

Green Beans

Seasonal Fruit of the Day

Tuesday
Lunch Menu

V Egg Mayonnaise Roll
(Gluten/Egg/Mustard
Milk/Sesame)

Gluten Free
Salmon Fish Fingers
(Fish)

Savoury Rice | Mushy Peas 😊
| Sweetcorn

Seasonal Fruit of the Day

Wednesday

Lunch Menu

Chicken Mayonnaise
Sandwiches
(Gluten/Egg/Milk/
Mustard/Soya)

V Mediterranean Lasagne
(Gluten/Milk/Egg/
Mustard/Soya)

Broccoli | Carrots

Seasonal Fruit of the Day

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Thursday

Lunch Menu

V Cheese Sandwiches
(Gluten/Milk/Soya)

Roast Chicken
With Mealie
(Gluten)

Roast Potatoes | Carrots |
Brussels Sprouts

Seasonal Fruit of the Day

Friday

Lunch Menu

– Meat free day –

V Coronation Chickpea Wrap
(Gluten/Mustard)

V Cheese and Tomato Pizza
(Gluten/Milk)

Sweetcorn | Coleslaw (Milk/Egg/
Mustard)

Seasonal Fruit of the Day

Daily



Glass of
milk or water



Salad
selection



Fresh Fruit



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😊 Locally Grown
Organic Peas



MENU Week 3

Monday

Lunch Menu

Turkey Sandwiches
(Gluten/Soya)

V Vegan Burger in a Bun
(Gluten/Sesame/Soya
Sulphur Dioxide)

Herbie Diced Potatoes (Gluten)
| Carrots | Green Veg Medley

Seasonal Fruit of the Day



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Locally Grown
Organic Peas

Tuesday
Lunch Menu

Tuna Mayonnaise Sandwiches
(Gluten/Fish/Egg/
Mustard/Milk/Soya)

V Kitchari Rice 😊
(Celery)

Sweetcorn | Coleslaw (Milk/Egg/
Mustard)

Seasonal Fruit of the Day

Thursday
Lunch Menu

Ham Sandwiches
(Gluten/Soya)

V Baked Potato
with Cheese
(Milk)

Sweetcorn

Seasonal Fruit of the Day

Wednesday
Lunch Menu

– Meat free day –

V Quorn Fajitas
(Gluten/Egg)

V Lentil and Sweet
Potato Curry
(Gluten/Celery)

Rice | Broccoli | Beetroot

Seasonal Fruit of the Day

Friday
Lunch Menu

V Cheese Sandwiches
(Gluten/Milk/Soya)

V Salmon Nuggets
(Gluten/Fish)

Chips | Peas | Baked Beans

Seasonal Fruit of the Day

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Options and quality

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Daily



Glass of
milk or water



Salad
selection



Fresh Fruit



MENU Week 4

Monday

Lunch Menu

V Cheese Sandwiches
(Gluten/Milk/Soya)

Gluten Free Pork
Meatballs in Gravy
(Soya/Sulphur Dioxide)

Mashed Potatoes (Sulphur Dioxide)
| Cauliflower | Peas & Sweetcorn

Seasonal Fruit of the Day



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 Locally Grown
Organic Peas

Tuesday

Lunch Menu

Chicken Mayonnaise Wrap
(Gluten/Milk/
Mustard/Egg)

V Baked Potato With
Quorn Chilli
(Egg)

Peas | Coleslaw
(Milk/Egg/Mustard)

Seasonal Fruit of the Day

Thursday

Lunch Menu

– Meat free day –

V Egg Mayonnaise
Sandwiches
(Gluten/Egg/Milk/
Mustard/Soya)

V Cheese and Tomato Pizza
(Gluten/Milk)

Sweetcorn | Mixed Veg

Seasonal Fruit of the Day

Wednesday

Lunch Menu

Tuna Mayonnaise Roll
(Gluten/Fish/Egg/
Mustard/Milk/Sesame)

V Sweet Potato and
Pea Curry
(Celery/Mustard)

Rice | Carrots | Broccoli

Seasonal Fruit of the Day

Friday

Lunch Menu

V Cheese Panini
(Gluten/Milk/Soya)

Gluten Free Bubble
Crumb Salmon Fillet
(Fish)

Herbie Diced Potatoes (Gluten)
| Baked Beans | Coleslaw (Milk/
Egg/Mustard)

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milk or water



Salad
selection



Fresh Fruit

